

## **National Burn Awareness Week** February 2 - 8, 2014

Burn injuries can occur in a matter of seconds, and one of the most common is scald burns. Scald injuries are painful, often require prolonged treatment, and can result in lifelong scarring or even death.

A scald injury can happen at any age. Children, older adults and people with disabilities are especially at risk. Hot liquids from bath water, hot coffee and even microwaved soup can cause devastating injuries. Scald burns are the second leading cause of all burn injuries.

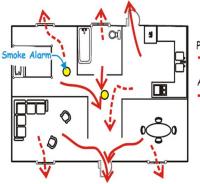




- Teach children that hot things can burn.
- Install anti-scald devices on tub faucets and shower heads.
- Always supervise a child in or near a bathtub.
- Test the water faucet. It should be less than 100° F (38° Celsius).
- Cooking-related scalds are also easy to prevent.
- Keep pot handles turned inward and use potholders when handling.
- Keep clothing from coming in contact with flames or heating elements.

Take extreme care with the storage of our matches and lighters. Your children are depending on you.

## **Home Escape Planning**











- Draw a map of your home.
- Test your smoke detectors.
- Have two ways out of each room.
- Know to crawl low to the floor when escaping to avoid toxic smoke.
- Know that once you're out, stay out.
- Know where to meet after the escape.
- Practice your fire escape plan.



U.S. Fire Administration www.usfa.fema.gov

